

“Humankind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves. All things are bound together.”

- CHIEF SEATTLE

Spa La Vie is inspired by the Tunica-Biloxi Tribe’s Native American culture and the healing, life-giving powers of the four elements: Earth, Water, Air, and Fire. Our treatments honor this sacred land’s heritage by using organic, hand-harvested ingredients indigenous to the reservation on which Spa La Vie stands.



#### EARTH - GROUNDING

Earth is the element of matter. It nourishes the body with minerals and provides energy and stimulates emotional balance.



#### WATER - RESTORING

Water represents flow and brings rejuvenation of the body and the mind. Water hydrates and feeds the body.



#### AIR - CLEANSING

Air moves in and out of the body bringing with it restorative and cleansing property. Air is essential to health and vitality.



#### FIRE - DETOXIFYING

Fire represents power and warmth. Light and heat detoxify the body and promotes positive energy.

#### APPOINTMENTS AND RESERVATIONS

Book your Spa Appointment by contacting our Spa Concierge at **318-240-1080** or online by visiting [www.paragoncasinoresort.com/attractions/spa](http://www.paragoncasinoresort.com/attractions/spa). A credit card or hotel confirmation number is required to secure your appointment.

#### CANCELLATIONS

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24-hours in advance for single services, 48-hours in advance for multiple services, and 72-hours in advance for large groups. A 50% charge will be applied to your credit card for failure to follow this policy. No show appointments will be charged in full.

#### PARKING AND ARRIVAL

Please arrive at least 15-minutes prior to your scheduled appointment time to allow for check-in and preparation for your service.

#### LATE SHOW

As a courtesy to other clients, if you arrive late you will receive the remaining time of your appointment. The full treatment price will apply.

#### SPA AMENITY DAY PASS

Slip into a spa robe and slippers, lounge in the relaxation spaces, and enjoy all spa amenities including whirlpool, steam room, and sauna. Purchase a Day Pass for \$30, or receive a complimentary Day Pass with your service.

#### SPA GROUPS

Celebrate friendship with a spa escape. We’ll help customize the perfect package to focus on mind, body, and spirit.

#### WEDDING SERVICES

Let Spa La Vie help you get ready for your big day. Our expert therapists will make sure you look and feel your best. Services and packages can include hair, massage, nails and more.

#### SPA BOUTIQUE

Continue your beauty and wellness path with a full line of spa products offered for home care at our boutique.

#### AGE REQUIREMENTS

The minimum age to access the spa is 18 years old. We are happy to welcome young adults from 13 years old; however they must be accompanied by a responsible adult, age 18 or older.



spa  
vie

## TREATMENT MENU

OPEN WED-SUN 10AM-6PM

**CALL TODAY TO SCHEDULE YOUR APPOINTMENT  
AT 318-240-1080**

PARAGON CASINO RESORT  
711 PARAGON PLACE • MARKSVILLE, LA 71351

[PARAGONCASINORESORT.COM/ATTRACTIONS/SPA](http://PARAGONCASINORESORT.COM/ATTRACTIONS/SPA) At Spa La Vie, we offer rejuvenating rituals to make you feel centered, harmonized and whole. Leave your worries at the door, set your intention at our fountain, and unwind at our eucalyptus, steam room, sauna, and whirlpool. Indulge in luxurious treatments with healing therapies inspired by the four elements to balance the body, mind, and spirit.

## MASSAGE

Rooted in the healing power of the four elements, our customized blend of body and energy work will leave you feeling relaxed, rebalanced, and able to achieve greater health and wellbeing.

PARAGON CUSTOM MASSAGE | 50 MINUTES \$160

DEEP TISSUE MASSAGE | 50 MINUTES \$143 80 MINUTES \$187

TRADITIONAL SWEDISH MASSAGE | 50 MINUTES \$121  
80 MINUTES \$143

### ENHANCEMENTS

WARMED RIVER CANE +\$25

MINI HOT STONE +\$20

MOOR MUD +\$20

MINI HOT STONES +\$20

HONEY GLAZE FOOT +\$15

BODY DRY BRUSHING +\$10

AROMATHERAPY +\$10

## COUPLE'S ESCAPE

You and your partner will begin your journey with a side-by-side sensory experience. Our traditional full-body massage uses light to medium pressure to help you achieve a state of bliss. Complete your treatment with a glass of champagne as you relax in our lounge together.

50 MINUTES \$242 PER COUPLE 80 MINUTES \$330 PER COUPLE

\*DEEP TISSUE OR CUSTOM MASSAGE UPGRADE AVAILABLE FOR ADDITIONAL FEE.\*

## BODY

Nourish the body with our soothing, exfoliating and hydrating treatments meant to purify the skin, increase detoxification, and deeply relax the body.

### MOTHER-TO-BE MASSAGE

This specialty massage honors your changing body to provide relaxation, reduce stress, decrease swelling, and relieve aching in muscles and joints. This service may be enjoyed after the first trimester.

50 MINUTES \$138

## SKINCARE

Our individualized facial treatments provide custom techniques tailored to the needs of your skin. Using innovative and result-driven therapies, your skin will be lifted, rejuvenated, and radiant.

FOUNTAIN OF YOUTH FACIAL | 80 MINUTES \$193

PARAGON CUSTOM FACIAL | 50 MINUTES \$149

DEEP CLEANSING FACIAL | 50 MINUTES \$121

### ENHANCEMENTS

LED FACIAL MASK +\$25 | YOUTHFUL EYES AND LIPS +\$20 | DERMAFLASH +\$20 | LIP WAX \$15

## BODY RITUALS

### TUNICA SALT BODY GLOW

Gentle and deeply cleansing, this full-body scrub transforms skin from dry and rough to soft and smooth, resulting in a nourished and youthful-looking glow. This treatment removes skin impurities and is a perfect choice for all skin types. 50 MINUTES \$121

## FOR HANDS AND FEET

### TRADITIONAL MANICURE & PEDICURE

This luxurious treatment reshapes the nails, cleans up cuticles, and deeply hydrates the hands and feet. Includes a relaxing hand or leg massage and the perfect polish.

MANICURE \$45 | PEDICURE \$66

### FIRE & ICE PEDICURE

This unique combination of warming volcanic stones and cooling menthol stimulates circulation for relief from tired and aching feet.

PEDICURE \$72

### ENHANCEMENTS

POLISH CHANGE +\$20

PARRAFIN -\$20

GEL MANICURE +\$55

SHELLAC REMOVAL +\$15



## PACKAGES

### SOUTHERN LUXURY

Begin your spa day with our 50-minute Custom Massage followed by our Signature Facial. Then, relax in the salon and receive an Ultra Hydrating Manicure and Pedicure. Finish with a customized shampoo and blow out to ensure you look as good as you feel.

3.5 HOURS | \$353

### MOMENTS OF PEACE

Experience the gift of relaxation with our exotic 50-minute River Cane Massage followed by a results-driven Deep Cleansing Facial. Afterward, drift away into total bliss with our Signature Manicure and Pedicure.

3 HOURS | \$292

### BLISSFUL ESCAPE

Gather your friends and begin with your choice of a 50-minute Swedish Massage or 50-minute Signature Facial. Next, relax together with a refresher manicure and pedicure while you enjoy a glass of bubbly.

2 HOURS | \$144 PER PERSON

Additional discounts, hotel promotions do not apply to packages. Services must be received by the same individual on the same day. No substitutions. The package times are approximated.

## HAIR CARE

Spa La Vie has a full-service hair salon that specializes in expert cuts, color, and styling. Please contact the spa for details. Pricing varies.

## WAXING

Please contact the spa for details. Pricing varies.