

"Humankind has not woven  
the web of life. We are but one  
thread within it. Whatever we do  
to the web, we do to ourselves.  
All things are bound together."

- CHIEF SEATTLE -

Spa La Vie is inspired by the Tunica-Biloxi  
Tribe's Native American culture and the healing,  
life-giving powers of the four elements: Earth,  
Water, Air, and Fire. Our treatments honor  
this sacred land's heritage by using organic,  
hand-harvested ingredients indigenous to the  
reservation on which Spa La Vie stands.



#### EARTH - GROUNDING

Earth is the element of matter. It nourishes  
the body with minerals and provides  
energy and stimulates emotional balance.



#### WATER - RESTORING

Water represents flow and brings  
rejuvenation of the body and the mind.  
Water hydrates and feeds the body.



#### AIR - CLEANSING

Air moves in and out of the body bringing  
with it restorative and cleansing property.  
Air is essential to health and vitality.



#### FIRE - DETOXIFYING

Fire represents power and warmth.  
Light and heat detoxify the body  
and promotes positive energy.

#### APPOINTMENTS AND RESERVATIONS

Book your Spa Appointment by contacting our Spa  
Concierge at 318-240-1080 or online by visiting  
[www.paragoncasinoresort.com/attractions/spa](http://www.paragoncasinoresort.com/attractions/spa).  
A credit card or hotel confirmation number is  
required to secure your appointment.

#### CANCELLATIONS

Treatment times are reserved especially for you. We kindly  
request that cancellations or changes to appointments  
be made at least 24-hours in advance for single services,  
48-hours in advance for multiple services, and 72-hours  
in advance for large groups. A 50% charge will be applied  
to your credit card for failure to follow this policy.  
No show appointments will be charged in full.

#### PARKING AND ARRIVAL

Please arrive at least 15-minutes prior to your scheduled  
appointment time to allow for check-in and preparation  
for your service.

#### LATE SHOW

As a courtesy to other clients, if you arrive late you  
will receive the remaining time of your appointment.  
The full treatment price will apply.

#### SPA AMENITY DAY PASS

Slip into a spa robe and slippers, lounge in the relaxation  
spaces, and enjoy all spa amenities including whirlpool,  
steam room, and sauna. Purchase a Day Pass for \$30,  
or receive a complimentary Day Pass with your service.

#### SPA GROUPS

Celebrate friendship with a spa escape. We'll help customize  
the perfect package to focus on mind, body, and spirit.

#### WEDDING SERVICES

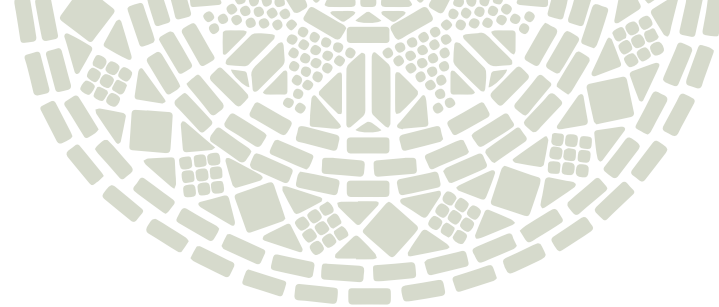
Let Spa La Vie help you get ready for your big day.  
Our expert therapists will make sure you look and feel  
your best. Services and packages can include hair,  
makeup, massage, nails and more.

#### SPA BOUTIQUE

Continue your beauty and wellness path with a full line  
of spa products offered for home care at our boutique.

#### AGE REQUIREMENTS

The minimum age to access the spa is 18 years old.  
We are happy to welcome young adults from 13 years  
old; however they must be accompanied by a  
responsible adult, age 18 or older.



spa  
la  
vie

## TREATMENT MENU

OPEN  
WED-SUN 10AM-6PM

CALL TODAY TO SCHEDULE YOUR  
APPOINTMENT AT 318-240-1080

PARAGON CASINO RESORT  
711 PARAGON PL • MARKSVILLE, LA 71351  
[PARAGONCASINORESORT.COM/ATTRACTIONS/SPA](http://PARAGONCASINORESORT.COM/ATTRACTIONS/SPA)

At Spa La Vie, we offer rejuvenating rituals to make you feel centered, harmonized and whole. Leave your worries at the door, set your intention at our fountain, and unwind at our eucalyptus, steam room, sauna, and whirlpool. Indulge in luxurious treatments with healing therapies inspired by the four elements to balance the body, mind, and spirit.

## MASSAGE

Rooted in the healing power of the four elements, our customized blend of body and energy work will leave you feeling relaxed, rebalanced, and able to achieve greater health and wellbeing.

PARAGON CUSTOM MASSAGE | 50 MINUTES \$140

DEEP TISSUE MASSAGE | 50 MINUTES \$130

TRADITIONAL SWEDISH MASSAGE | 50 MINUTES \$110  
80 MINUTES \$150

## ENHANCEMENTS

DEEP TISSUE +\$20      BODY DRY BRUSHING +\$10  
HOT SUN STONE +\$20      HERBAL HEAT PACK +\$15  
WARMED RIVER CANE +\$25      AROMATHERAPY +\$10  
MOOR MUD BACK TREATMENT +\$20

## COUPLE'S ESCAPE

You and your partner will begin your journey with a side-by-side sensory experience. Our traditional full-body massage uses light to medium pressure to help you achieve a state of bliss. Complete your treatment with a glass of champagne as you relax in our lounge together.

50 MINUTES \$220 PER COUPLE

80 MINUTES \$300 PER COUPLE

\*Deep tissue or custom massage upgrade available for additional fee.

## MOTHER-TO-BE MASSAGE

This specialty massage honors your changing body to provide relaxation, reduce stress, decrease swelling, and relieve aching in muscles and joints. This service may be enjoyed after the first trimester.

50 MINUTES \$125

## SKINCARE

Our individualized facial treatments provide custom techniques tailored to the needs of your skin. Using innovative and results driven therapies, your skin will be lifted, rejuvenated, and radiant.

FOUNTAIN OF YOUTH FACIAL | 80 MINUTES \$175

PARAGON CUSTOM FACIAL | 50 MINUTES \$135

DEEP CLEANSING FACIAL | 50 MINUTES \$110

## ENHANCEMENTS

YOUTHFUL EYES AND LIPS +\$20      DERMA FLASH +\$20  
ENZYME PEEL +\$20      SINUS SOOTHER +\$10

## BODY

Nourish the body with our soothing, exfoliating and hydrating treatments meant to purify the skin, increase detoxification, and deeply relax the body.

## REBIRTH MOOR MUD WRAP

Envelop your senses as our warm moor mud is gently applies to your entire body. With over 1,000 plant extracts and trace elements, this wrap will alleviate sore muscles, aches, and pains.

50 MINUTES \$135

## LALICIOUS HYDRATION BODY RITUAL

Begin with the detoxifying and invigorating benefits of a full-body, dry brush exfoliation. Next, an intense hydrating treatment is applied with a relaxing and deeply therapeutic hot stone massage followed with our body buff to soften the hands and feet. This journey concludes with a scalp treatment and intense hydrating mask for the hair.

80 MINUTES \$190

## TUNICA SALT BODY GLOW

Gentle and deeply cleansing, this full-body scrub transforms skin from dry and rough to soft and smooth, resulting in a nourished and youthful-looking glow. This treatment removes skin impurities and is a perfect choice for all skin types.

50 MINUTES \$110

## FOR HANDS AND FEET

### LALICIOUS HYDRATION MANI & PEDI

Using Argan oil-infused sugar scrub, this treatment softens dry, callused feet. Next, nails will be reshaped followed by a rejuvenating massage and leaving you with silky smooth skin and a flawless polish.

MANICURE \$55 | PEDICURE \$75

## SIGNATURE MANICURE & PEDICURE

This luxurious treatment reshapes the nails, cleans up cuticles, and deeply hydrates the hands and feet. Includes and relaxing hand or leg massage and the perfect polish.

MANICURE \$40 | PEDICURE \$60

## FIRE & ICE PEDICURE

This unique combination of warming volcanic stones and cooling menthol stimulates circulation for relief from tired and aching feet.

PEDICURE \$70

## ENHANCEMENTS

PARAFFIN FOR HANDS AND FEET +\$30  
POLISH CHANGE +\$10  
SHELLAC MANICURE +\$45  
SHELLAC REMOVAL +\$15

## PACKAGES

### SOUTHERN LUXURY

Begin your spa day with our 50-minute Custom Massage followed by our Signature Facial. Then, relax in the salon and receive an Ultra Hydrating Manicure and Pedicure. Finish with a customized shampoo and blow out to ensure you look as good as you feel.

3.5 HOURS | \$330

### MOMENTS OF PEACE

Experience the gift of relaxation with our exotic 50-minute River Cane Massage followed by a results-driven Deep Cleansing Facial. Afterward, drift away into total bliss with our Signature Manicure and Pedicure.

3 HOURS | \$275

### BLISSFUL ESCAPE

Gather your friends and begin with your choice of a 50-minute Swedish Massage or 50-minute Signature Facial. Next, relax together with a refresher manicure and pedicure while you enjoy a glass of bubbly.

2 HOURS | \$140 PER PERSON

Additional discounts, hotel promotions do not apply to packages. Services must be received by the same individual on the same day. No substitutions. The package times are approximated.

## HAIR CARE

Spa La Vie has a full-service hair salon that specializes in expert cuts, color, and styling. Please contact the spa for details. Pricing varies.

## WAXING

Please contact the spa for details. Pricing varies.

