

“Humankind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves. All things are bound together.”

- CHIEF SEATTLE -

Spa La Vie is inspired by the Tunica-Biloxi Tribe's Native American culture and the healing, life-giving powers of the four elements: Earth, Water, Air, and Fire. Our treatments honor this sacred land's heritage by using organic, hand-harvested ingredients indigenous to the reservation on which Spa La Vie stands.



#### EARTH - GROUNDING

Earth is the element of matter. It nourishes the body with minerals and provides energy and stimulates emotional balance.



#### WATER - RESTORING

Water represents flow and brings rejuvenation of the body and the mind. Water hydrates and feeds the body.



#### AIR - CLEANSING

Air moves in and out of the body bringing with it restorative and cleansing property. Air is essential to health and vitality.



#### FIRE - DETOXIFYING

Fire represents power and warmth. Light and heat detoxify the body and promotes positive energy.

#### APPOINTMENTS AND RESERVATIONS

Book your Spa Appointment by contacting our Spa Concierge at 318-240-1080 or online by visiting [www.paragoncasinoresort.com/attractions/spa](http://www.paragoncasinoresort.com/attractions/spa). A credit card or hotel confirmation number is required to secure your appointment.

#### CANCELLATIONS

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24-hours in advance for single services, 48-hours in advance for multiple services, and 72-hours in advance for large groups. A 50% charge will be applied to your credit card for failure to follow this policy. No show appointments will be charged in full.

#### PARKING AND ARRIVAL

Please arrive at least 15-minutes prior to your scheduled appointment time to allow for check-in and preparation for your service.

#### LATE SHOW

As a courtesy to other clients, if you arrive late you will receive the remaining time of your appointment. The full treatment price will apply.

#### SPA AMENITY DAY PASS

Slip into a spa robe and slippers, lounge in the relaxation spaces, and enjoy all spa amenities including whirlpool, steam room, and sauna. Purchase a Day Pass for \$25, or receive a complimentary Day Pass with your service.

#### SPA GROUPS

Celebrate friendship with a spa escape. We'll help customize the perfect package to focus on mind, body, and spirit.

#### WEDDING SERVICES

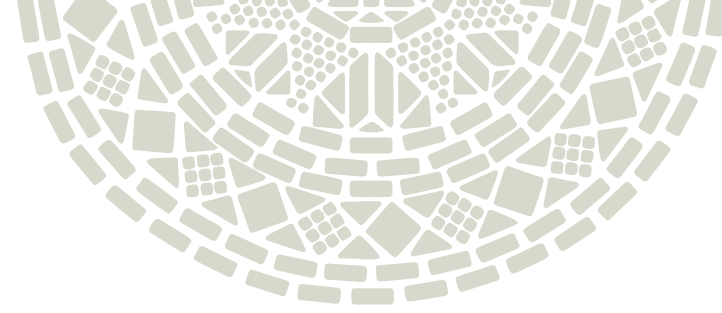
Let Spa La Vie help you get ready for your big day. Our expert therapists will make sure you look and feel your best. Services and packages can include hair, makeup, massage, nails and more.

#### SPA BOUTIQUE

Continue your beauty and wellness path with a full line of spa products offered for home care at our boutique.

#### AGE REQUIREMENTS

The minimum age to access the spa is 18 years old. We are happy to welcome young adults from 13 years old; however they must be accompanied by a responsible adult, age 18 or older.



spa  
la  
vie

## TREATMENT MENU

CALL TODAY TO SCHEDULE YOUR  
APPOINTMENT AT 318-240-1080

PARAGON CASINO RESORT  
711 PARAGON PL • MARKSVILLE, LA 71351  
[PARAGONCASINORESORT.COM/ATTRACTIONS/SPA](http://PARAGONCASINORESORT.COM/ATTRACTIONS/SPA)

At Spa La Vie, we offer rejuvenating rituals to make you feel centered, harmonized and whole. Leave your worries at the door, set your intention at our fountain, and unwind at our eucalyptus, steam room, sauna, and whirlpool. Indulge in luxurious treatments with healing therapies inspired by the four elements to balance the body, mind, and spirit.

## MASSAGE

*Rooted in the healing power of the four elements, our customized blend of body and energy work will leave you feeling relaxed, rebalanced, and able to achieve greater health and wellbeing.*

PARAGON CUSTOM MASSAGE | 50 MINUTES \$125

TRADITIONAL SWEDISH MASSAGE | 50 MINUTES \$100  
80 MINUTES \$140

## ENHANCEMENTS

DEEP TISSUE +\$20      BODY DRY BRUSHING +\$10  
HOT SUN STONE +\$20      HERBAL HEAT PACK +\$15  
WARMED RIVER CANE +\$25      AROMATHERAPY +\$10  
MOOR MUD BACK TREATMENT +\$20

## COUPLE'S ESCAPE

You and your partner will begin your journey with a side-by-side sensory experience. Our custom curated full-body massage uses light to medium pressure to help you achieve a state of bliss. Complete your treatment with a glass of champagne as you relax in our lounge together.

50 MINUTES \$195 PER COUPLE  
80 MINUTES \$280 PER COUPLE

## MOTHER-TO-BE MASSAGE

This specialty massage honors your changing body to provide relaxation, reduce stress, decrease swelling, and relieve aching in muscles and joints. This service may be enjoyed after the first trimester.

50 MINUTES \$115

## SKINCARE

*Our individualized facial treatments provide custom techniques tailored to the needs of your skin. Using innovative and results driven therapies, your skin will be lifted, rejuvenated, and radiant.*

FOUNTAIN OF YOUTH FACIAL | 80 MINUTES \$165  
PARAGON CUSTOM FACIAL | 50 MINUTES \$125  
DEEP CLEANSING FACIAL | 50 MINUTES \$100

## ENHANCEMENTS

YOUTHFUL EYES AND LIPS +\$20      DERMA FLASH +\$20  
ENZYME PEEL +\$20      SINUS SOOTHER +\$10

## BODY

*Nourish the body with our soothing, exfoliating and hydrating treatments meant to purify the skin, increase detoxification, and deeply relax the body.*

## REBIRTH MOOR MUD WRAP

Envelop your senses as our warm moor mud is gently applied to your entire body. With over 1,000 plant extracts and trace elements, this wrap will alleviate sore muscles, aches, and pains.

50 MINUTES \$125

## LALICIOUS HYDRATION BODY RITUAL

Begin with the detoxifying and invigorating benefits of a full-body, dry brush exfoliation. Next, an intense hydrating treatment is applied with a relaxing and deeply therapeutic hot stone massage followed with our body buff to soften the hands and feet. This journey concludes with a scalp treatment and intense hydrating mask for the hair.

80 MINUTES \$180

## TUNICA SALT BODY GLOW

Gentle and deeply cleansing, this full-body scrub transforms skin from dry and rough to soft and smooth, resulting in a nourished and youthful-looking glow. This treatment removes skin impurities and is a perfect choice for all skin types.

50 MINUTES \$100

## FOR HANDS AND FEET

### LALICIOUS HYDRATION MANI & PEDI

Using Argan oil-infused sugar scrub, this treatment softens dry, callused feet. Next, nails will be reshaped followed by a rejuvenating massage and leaving you with silky smooth skin and a flawless polish.

MANICURE \$45 | PEDICURE \$65

### SIGNATURE MANICURE & PEDICURE

This luxurious treatment reshapes the nails, cleans up cuticles, and deeply hydrates the hands and feet. Includes a relaxing hand or leg massage and the perfect polish.

MANICURE \$30 | PEDICURE \$50

### FIRE & ICE PEDICURE

This unique combination of warming volcanic stones and cooling menthol stimulates circulation for relief from tired and aching feet.

PEDICURE \$60

## ENHANCEMENTS

PARAFFIN FOR HANDS AND FEET +\$30  
POLISH CHANGE +\$10  
SHELLAC MANICURE +\$45  
SHELLAC REMOVAL +\$15

## PACKAGES

### SOUTHERN LUXURY

Envelop your senses as our warm moor mud is gently applied to your entire body. With over 1,000 plant extracts and trace elements, this wrap will alleviate sore muscles, aches, and pains.

3.5 HOURS | \$320

### MOMENTS OF PEACE

Begin with the detoxifying and invigorating benefits of a full-body, dry brush exfoliation. Next, an intense hydrating treatment is applied with a relaxing and deeply therapeutic hot stone massage followed with our body buff to soften the hands and feet. This journey concludes with a scalp treatment and intense hydrating mask for the hair.

3 HOURS | \$265

### BLISSFUL ESCAPE

Gentle and deeply cleansing, this full-body scrub transforms skin from dry and rough to soft and smooth, resulting in a nourished and youthful-looking glow. This treatment removes skin impurities and is a perfect choice for all skin types.

2 HOURS | \$130 PER PERSON

*Additional discounts, hotel promotions do not apply to packages. Services must be received by the same individual on the same day. No substitutions. The package times are approximated.*

## HAIR CARE

*Spa La Vie has a full-service hair salon that specializes in expert cuts, color, and styling. Please contact the spa for details. Pricing varies.*

## WAXING

*Please contact the spa for details. Pricing varies.*

